

WPA Race Walking Grand Prix 1 - Youngsfield, Cape Town - 17 January 2015

(Proudly sponsored by Racewalk.co.za)



Pos	Name	Club	Licence No.	Age	Time	Medal	Remarks
<u>20km Race Walk Men</u>							
1	Marc Mundell	TUKS - AGN	7608	31	1:32:56	Gold	
2	Gideon Cille	Bellville AC	3197	37	1:44:53	Silver	
3	Adam Papier	Brackenfell AC	3421	52	2:05:02	Bronze	
4	Ebrahima Fisher	Spartan Harriers	172	48	2:08:50		
5	Dennis Hines	Spartan Harriers	152	47	2:12:31		
6	Kenny Anthony	Spartan Harriers	7352	63	2:13:45		
7	Clive Williams	VOB	703	49	2:18:38		
8	Patrick Wonfor	Spartan Harriers	6825	69	2:18:43		
9	Armond Thompson	Spartan Harriers	7462	60	2:22:06		
10	John Child	Spartan Harriers	7425	64	2:22:41		
11	Roy Whyte	Spartan Harriers	7400	68	2:27:34		
12	Madoda Cuwad	No Club	2	46	2:41:26		
13	Ronnie Adams	Spartan Harriers	6751	75	3:06:17		
	Stefano Aracena	No Club	1	32	DNF		
<u>10km Race Walk Men</u>							
1	Ross McDonald	New Balance	2543	41	0:53:22	Gold	
2	Pieter Vorster	Bellville AC	12651	30	0:55:40	Silver	
3	Jurgen Spencer	Bellville AC	7588	74	1:01:53	Bronze	
4	Arthur Ruthgate	Spartan Harriers	7471	54	1:08:51		
5	Brian Aver	RWFL	3844	70	1:09:14		
6	Hilton Donson	Spartan Harriers	11091	51	1:10:16		
7	Willem Fransman	Sanlam	4118	57	1:12:19		
8	Andre Nel	Celtic Harriers	200	54	1:15:04		
9	Dave Kirby	Spartan Harriers	7333	79	1:15:45		
10	Mike Evans	VOB	1306	53	1:17:14		
11	John Hotston	Spartan Harriers	7406	83	1:20:06		
12	Branmal Swartz	Spartan Harriers	11339	46	1:20:55		
13	Matthew Watson	Spartan Harriers	7344	70	1:22:44		
<u>10km Race Walk Men (Novice)</u>							
1	Vaughan Senlkey	No Club	3	51	1:12:07		
2	Casper de Vries	Spartan Harriers	7455	45	1:15:15		
3	Mncedesi Mthethfa	No Club	14	32	1:20:34		
4	Gerand Sullivan	Durbac	4476	52	1:21:04		
5	Geme var der Watt	Bellville AC	3088	54	1:25:44		
6	David Bancroft	West Coast	1711	71	1:43:10		
<u>10km Race Walk Women</u>							
1	Cindy Lange	New Balance	5242	51	1:02:34	Gold	
2	Pam James	Spartan Harriers	7357	57	1:05:17	Silver	
3	Gail Williams	Spartan Harriers	7458	57	1:07:45	Bronze	
4	Carol Pick	Spartan Harriers	162	48	1:09:02		
5	Wendy Josephs	RWFL	8425	66	1:09:12		
6	Suzelle Els	RWFL	159	45	1:09:13		
7	Frieda Bignaut	Sanlam	4131	64	1:09:51		
8	Deborah Horn-Botha	VOB	153	49	1:10:40		
9	Carol-Ann Aver	RWFL	3845	69	1:12:40		
10	CJ Dunn	Spartan Harriers	164	47	1:13:25		
11	Ann Stead	Spartan Harriers	7370	68	1:13:50		
12	Elizabeth Nel	Spartan Harriers	7349	65	1:14:42		
13	Isabel Roux	Bellville AC	7598	62	1:14:54		
14	Edwina Fransman	Sanlam	4119	56	1:15:38		
15	Jenny Ramsay	Spartan Harriers	6792	57	1:15:45		
16	Peggy Reid	Spartan Harriers	7478	77	1:18:06		
17	U du Plessis	Spartan Harriers	7342	38	1:20:36		
18	Helen Botes	Spartan Harriers	7446	65	1:20:58		
19	Arlene Adams	Spartan Harriers	7346	32	1:21:29		

WPA Race Walking Grand Prix 1 - Youngsfield, Cape Town - 17 January 2015

(Proudly sponsored by Racewalk.co.za)



Pos	Name	Club	Licence No.	Age	Time	Medal	Remarks
20	Judy Morgan	Spartan Harriers	7412	73	1:24:49		
21	Fiona Smith	Spartan Harriers	6792	57	1:25:10		
22	Margaret Norton	Spartan Harriers	7343	75	1:26:01		
<u>10km Race Walk Women (Novice)</u>							
1	Benita Southgate	Spartan Harriers	7470	48	1:12:57		
2	Samke Miya	No Club	5	26	1:20:34		
3	Mwa Sullivan	Sanlam	4189	54	1:21:04		
4	Tania Albertyn	No Club	7	42	1:22:39		
5	Grace Pambana	No Club	4	38	1:23:30		
6	Colleen Abrahams	No Club	8	55	1:35:25		
<u>10km Race Walk Junior Men</u>							
1	Juandray Pieterse	Velocity AC	11004	17	0:53:43	Gold	
<u>5km Race Walk Development Boys</u>							
1	Gerhard Eckley	Strand	8764	13	0:31:00		
2	Austen van Niekerk	Velocity AC	10	14	0:31:05		
3	Tariq Klink	Fit2Run	11	13	0:32:40		
4	Stefan Eckley	Stand	15	14	0:37:12		
<u>5km Race Walk Development Girls</u>							
1	Moesha Eksteen	Fit2Run	12	12	0:32:10		
2	Leone Pieterse	Fit2Run	13	12	0:32:16		
3	Carmenita van Niekerk	Velocity AC	9	14	0:38:02		
<u>5km Race Walk Men (Novice)</u>							
1	Freddie Eckley	Strand	16	44	0:39:10		
2	Gert Muller	No Club	18	54	0:39:41		
<u>5km Race Walk Women (Novice)</u>							
1	Lameze Abrahams	Fit2Run	6	62	0:36:05		
2	Fatima September	Spartan Harriers	7381	65	0:45:21		
3	Chanry Windvogel	Fit2Run	20	19	0:50:41		
4	McKaylin Warner	Fit2Run	19	19	0:50:45		
5	Lucinda Stoffels	Fit2Run	26	17	0:52:26		
6	Mpho Hgoepe	Fit2Run	22	40	0:59:04		
7	Thato Mosiapo	Fit2Run	21	25	0:59:05		
<u>3km Race Walk Development Boys</u>							
1	Wentsley Merkuur	Velocity AC	D1	14	0:18:29		
2	Charlton Pieterse	Velocity AC	D2	10	0:19:19		
3	Keano van Graan	Velocity AC	D3	12	0:19:52		
4	Ethan Gertze	Velocity AC	D6	12	0:21:27		
5	Jaden van Graan	Velocity AC	D8	13	0:24:10		
<u>3km Race Walk Development Girls</u>							
1	Leandre Hefke	Fit2Run	D4	13	0:19:57		
2	Delsheana May	Velocity AC	D5	12	0:20:02		
3	Treshke Simons	Velocity AC	D7	13	0:22:17		
4	Cassida Boois	Velocity AC	D9	13	0:24:16		
5	Erin Stead	No Club	D10	11	0:25:22		
6	Katherine Stead	No Club	D11	8	0:25:38		
	Rowena Swartz	Velocity AC	D12	13	DNF		