

Modderfontein Time Trial - 22 February 2022

Thank you to our timekeepers: Paula and Patrick

Ladies 5km TT

Name	Time	Pace	+/- PB
Lauren Wessels	27:15	5:27	+0:26
Claire Steyn	27:52	5:34	+1:21
Debbie Matteucci	35:02	7:00	+0:00
Jenna Mitchell	35:12	7:02	-0:47
Eva Ostoja	35:25	7:05	-0:48
Carman Proctor	35:30	7:06	+0:40
Maxine Wing	35:40	7:08	+0:00
Helga Lucas	36:37	7:19	+0:57
Gayle Bates	36:42	7:20	+0:09
Seshnee Naicker	39:03	7:49	+1:26
Jackie Pellew	39:20	7:52	+4:12

Mens 5km TT

Name	Time	Pace	+/- PB
Jose Bates	21:40	4:20	+1:36
Clayton Sumner	22:38	4:32	-1:44
Andrew Wainwright	27:51	5:34	+0:00
Daryn Pillay	30:09	6:02	+0:14
Patrick Wong	30:22	6:04	+1:05
Wayne Elliot	35:30	7:06	+0:42
Henri Zermatten	43:41	8:44	+14:29
Glen Pellew	44:54	8:59	+7:09

Ladies 8km TT

Name	Time	Pace	+/- PB
Suranne Thorne	42:30	5:19	+0:00
Nicola-Jayne Kirkby	44:49	5:36	+6:27
Ruth Davis	44:49	5:36	+5:08
Celine Van Enter	44:56	5:37	+2:21
Chelsea Muller	45:02	5:38	+2:50
Sally Bevington	45:55	5:44	+3:10
Samantha Zermatten	45:55	5:44	-0:17
Deidre Coghlan	47:24	5:56	-2:52
Michelle Sparke	47:50	5:59	+2:42
Kirsten Morrison	50:09	6:16	+1:57
Kim Bouwer	52:40	6:35	+1:11
Charmaine Hibbert	53:30	6:41	+3:28
Lianne Zermatten	53:30	6:41	-5:22

Mens 8km TT

Name	Time	Pace	+/- PB
Cameron Dansie	30:47	3:51	+2:47
Calvin Sangweni	32:00	4:00	+1:06
Jude Chianwuna	33:20	4:10	+3:31
Richard De Klerk	33:47	4:13	+0:42
Jayson Naicker	36:22	4:33	-1:01
Brandon Pickup	42:36	5:20	+0:00
Dieter Zermatten	45:55	5:44	+6:39
Fabio Matteucci	50:10	6:16	+11:40
Deon Wessels	50:30	6:19	+10:08

4km Walkers

Name	Time	Pace	+/- PB
Amanda Matson	34:05	8:31	+0:00
Jonty Kirkby	36:42	9:11	-3:09
Matt Kirkby	36:42	9:11	-3:09
DJ Kirkby	36:42	9:11	-3:09
Linda Eeds	38:00	9:30	+0:00
Anthony Eeds	38:00	9:30	+0:00
Demi De Ruyter	38:00	9:30	+0:00
Maria De Ruyter	38:00	9:30	+0:00
Veronica Swanepoel	39:37	9:54	+0:00
Theresa Wessels	39:55	9:59	+0:00
Natasha Debella	39:55	9:59	+39:55

Virtual TT

Name	Time	Distance
Returning next week!		