

Modderfontein Time Trial - 3 May 2022

Thank you to our timekeepers: Julie and Ross

Ladies 5km TT

Name	Time	Pace	+/- PB
Ruth Davis	23:58	4:48	-0:32
Lianne Zermatten	31:19	6:16	+0:49
Charmaine Hibbert	31:20	6:16	+1:08
Paula Pfister	31:20	6:16	+2:54
Debbie Matteucci	34:09	6:50	+2:31
Jenna Mitchell	34:21	6:52	-0:51
Kim Bouwer	37:33	7:31	+6:28
Claire Steyn	37:38	7:32	+11:07
Gayle Bates	42:38	8:32	+6:58
Demi De Ruyter	42:48	8:34	+9:23

Mens 5km TT

Name	Time	Pace	+/- PB
Declan Davis	22:03	4:25	-0:46
Dario Matteucci	23:45	4:45	+2:20
Lourens Strauss	23:48	4:46	+0:30
Jose Bates	24:08	4:50	+4:04
Christopher Sparke	27:58	5:36	+0:01
Clifford Correia	28:59	5:48	+3:45
Wayne Riley	28:59	5:48	+0:53
Simon Levin	30:53	6:11	-6:50
Edwin Maroga	31:57	6:23	+1:53
Bryce Curtis	39:28	7:54	+7:12
Deon Wessels	39:30	7:54	+12:49

Ladies 8km TT

Name	Time	Pace	+/- PB
Tristan Torr	36:20	4:33	-0:53
Celine Van Enter	42:53	5:22	+0:18
Nicola-Jayne Kirkby	42:55	5:22	+4:33
Micaela Rei	44:30	5:34	+0:25
Laetitia Stap	45:33	5:42	+0:45
Samantha Zermatten	45:56	5:45	+0:01
Chelsea Muller	46:13	5:47	+4:01
Deidre Coghlan	47:19	5:55	+2:46
Kirsten Morrison	47:19	5:55	+0:21
Sally Bevington	48:19	6:02	+5:34
Michelle Sparke	51:05	6:23	+5:57

Mens 8km TT

Name	Time	Pace	+/- PB
Vernon Le Roux	34:47	4:21	-4:50
Cameron Dansie	34:56	4:22	+6:56
Clayton Sumner	36:20	4:33	-1:48
Rogan Botha	37:58	4:45	+0:43
Dieter Zermatten	40:20	5:03	+1:04
Ozzie Ferreira	40:57	5:07	-6:30
Bradley Cook	42:18	5:17	+1:00
Barry Chapman	42:50	5:21	+9:51
Fabio Matteucci	45:09	5:39	+6:39
Chris Botha	46:28	5:49	+5:33
Patrick Wong	48:48	6:06	-3:30
Coach Marco	51:05	6:23	+4:24

4km Walkers

Name	Time	Pace	+/- PB
Brett Collett	25:16	6:19	+0:00
Anisa Fielding	36:20	9:05	+1:17
Netasha Di Della	36:40	9:10	+2:26
Theresa Wessels	41:39	10:25	+2:04
Lauren Wessels	41:39	10:25	+0:00
Ian Morrison	43:00	10:45	+0:00