

TEAM MANUAL



2022

SOUTH AFRICAN MARATHON CHAMPIONSHIPS

Hosted by:

Kwa-Zulu Natal Athletics

The South African Marathon Championships will take place in Durban on Sunday, 8 May 2022

The SA Marathon Championships will be hosted in conjunction with the Durban International Marathon and presented by Kwa-Zulu Natal Athletics.

*Closing date for provincial entries is **Monday, 25 April 2022** at 12h00 (midday)*

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1. INTRODUCTION

The ASA Marathon Championships will take place **on Sunday, 8 May 2022** starting in **Prospecton Road, Prospecton** and finishing at **Moses Mabhida People's Park, Durban**. It is a competition for both Men and Women and is open to all ASA Member Provinces and Associate Members. The SA Marathon Championships will be hosted in conjunction with the Durban International Marathon presented by Kwa-Zulu Natal Athletics. The ASA Marathon Championships will be broadcasted live on SuperSport channel 209.

Event Website: <https://durbanmarathon.co.za>

Again ASA will join hands with the South African Masters Association (SAMA) and it will be combined championships with SAMA. SAMA age categories will apply and all Master athletes will receive **SAMA medals**.

All athletes must be licensed through the ASA club structures in the athletics provinces and all entries must be done through the Provinces or Associate Members and the team competition between members will remain.

2. IMPORTANT COVID REGULATIONS AND PROCEDURES

Due to Covid-19, the Durban International Marathon, which is hosting the SA Marathon Championships, with Kwa-Zulu Natal Athletics, has several specific rules that are in place to allow the event to go ahead. These rules must be followed by all athletes and team managers and are in addition and complementary to all other rules and processes stated in this Manual.

It is vital to appreciate that each area, and every facility, is based on specific requirements to social distancing, sanitization and Covid-19 protection. These are the stipulated measures to allow the event to proceed. Anyone in breach of these rules and regulations may be dismissed from the Championships, and, or, the athlete, or team, may be disqualified. It is hoped that such cases will not occur, and by showing respect for these rules and regulations here will allow future events to be hosted.

In order to reduce the risk, the current State of Emergency Covid-19 Protocols will be fully observed, including proof of vaccination or a PCR clearance within the last 72 hours.

3. ENTRIES

The Durban International Marathon is an open race for all athletes. The advertised Durban International Marathon prize money is available to all athletes, more details available on the website.

The Championship race is a closed competition for provincial athletes only. ASA Champs Batch and Elite Batch will start at the same time. All athletes will compete for the prize money offered by the organizers of the open race. No individual athletes will be allowed to enter the Championship race, but they can enter

the open race. The ASA Championship titles, and medals (Men & Women) will be awarded to the first provincial athletes to cross the finish line.

All provincial athletes must be South African citizens and licensed for 2022. At registration, Team Managers might be requested to provide copies of ID-books (or passports) of athletes for checking of ages.

The ASA rules on eligibility will be strictly enforced. National Athletes must compete for the province where they are domicile and licensed.

Athletes not selected to represent a Province can enter the race as individuals but will not count towards the member team prizes. These individual entries must be done with the LOC on their website www.FinishTime.co.za. Individual athletes must pay their own entry fee as stipulated on the website.

Provinces have first call on any athlete and an athlete selected and entered by a province must compete for that province and may not enter as an individual. Individually entered athletes must compete in their registered club attire or any unbranded attire. ATHLETES ENTERED FOR THE ASA MARATHON CHAMPIONSHIPS WILL BE THE FIRST PRIORITY WHEN SELECTING INTERNATIONAL TEAMS

4. QUALIFYING STANDARDS

All Provinces are required to enter athletes based on the respective individual provincial qualifying times & standards.

5. ENTRY FEE

The entry fee for provincial athletes will be **R320.00** per athlete and is payable to the LOC into the following bank account:

Account Name : Kwa-Zulu Natal Athletics

Bank : FNB

Account No : 62823881372

Branch Code : 250655

Reference: 42,2km ASA Champs & Province Name

Please forward your proof of payment to dees@kznathletics.co.za and copy ThabangM@athleticssa.co.za

The **closing date** for provincial entries for the SA Marathon Championships is **Monday, 25 April 2022 at 12h00 (midday), No Late entries will be accepted.** Provincial **entries must be** done on the attached entry form and must be **forwarded to the ASA office, along with your proof of payment, for attention Thabang (ThabangM@athleticssa.co.za) please note that a penalty of R1500.00 will be charged for all late entries.**

6. GENERAL PROGRAMME

Saturday, 7 May 2022

Time	Activity	Venue
06:00	Route Inspection (Due to traffic congestion) - Please indicate if you will be doing the route inspection, so that all arrangements can be made.	
09:00 – 15:30	Collection of race numbers and registration Proof of vaccination or a PCR clearance within the last 72 hours	Kings Parks Athletic Stadium
16:00– 17:00	Provincial Team Managers Technical Meeting	Prospecton,Road, Propecton, Durban

RACE DAY : Sunday, 8 May 2022

Time	Activity	Venue
03:30 – 05:00	Athletes' assembly - Report, and then they will be taken to the start - Confirmation will be given at technical meeting	Kings Park Athletic Stadium
06:05	Start of the Marathon – Elite Batch and SA Champs Batch	Prospecton Road, Prospecton, Durban
09:00	Victory Ceremony – Open Race First 3 Male & Female positions of the Seniors Immediately followed by Victory Ceremony - ASA Champs - SAMA	Moses Mabhida People's Park, Durban

7. PRIZE MONEY FOR SA MARATHON CHAMPS

Open Male & Female

1 st	2 nd	3 rd	4 th	5 th
R20 000	R15 000	R9000	R7 000	R5 000

40+ Male & Female

1 st	2 nd	3 rd
R3000	R2 500	R2000

Open Team Prizes: (Male & Female)

1 st	2 nd	3 rd
4 x R1000	4 x R750	4 x R500

SA SENIOR Record: R100 000.00 (Male & Female)

Men	2:06:33	Gert Thys	Tokyo	14 Feb 99
Women	2:25:28	Gerda Steyn	Siena	11 Apr 21

8. ACCREDITATION AND REGISTRATION

Athletes

As stated in item 2, all athletes are required to provide proof of vaccination or a PCR clearance within the last 72 hours.

One race number bib will be issued to each provincial athlete, with timing chips incorporated on both bibs. Athletes will wear the race bib in front and the ASA Permanent number at the back.

During the Championship, athletes must always wear the numbers in the original shape and size, properly secured on all four corners. Please note WA Rule TR5. 7-9. any athlete who does not respect these rules will not be allowed to compete.

NOTE

- It is the responsibility of both the team manager and athlete to ensure the following are correct:
- That the correct race bib is in the race pack
- That the correct age category is on the race bib

Team Managers

All team managers are also required to provide proof of vaccination or a PCR clearance within the last 72 hours.

9. TEAM COMPETITION

All entrants of a province will constitute an Open team of whom the best four will score.

Men and Women races shall be scored separately. The team results shall be decided by scoring the lowest aggregate of times recorded by the first four athletes in each team. The winning team will be the one with the lowest aggregate of the best four times.

In the event of a tie, it shall be resolved in favor of the team whose fourth/third scoring member finishes nearer the first place.

Provincial athletes must wear their official provincial colours.

Athletes representing their province shall NOT count for the club team competition.

10. TECHNICAL INFORMATION

Event	:	ASA Marathon Championships
Date	:	Sunday, 08 May 2022
Competition office	:	KZNA
The Course	:	Information will be available at the Team Managers Meeting
Start (Time: 06:05 Venue)		Prospecton Road, Propecton, Durban
Finish	:	Moses Mabhida People's Park, Durban

Parking for Provincial Teams will be available. More information will be available at the Team Manager's meeting. Please note all roads in the area will be closed from 04:00

Teams will be responsible for their own transport to the start and from the finish and are expected to make provision for the tog bags of their athletes or make use of the Event Tog Bag Facility.

11. TEAM MANAGER'S TECHNICAL MEETING

The Team Managers Technical Meeting will take place on Saturday, 7 May 2022 in the **Moses Mabhida, Prospecton Road, Prospecton, Durban** at 16:00.

Only **ONE** Team Manager from each Province can attend, and must ensure that they have their accreditation to gain entry.

The meeting shall be conducted by the Technical Delegate of ASA. An agenda for the meeting will be available at the meeting.

12. ROUTE INSPECTION

Athletes and officials will have the opportunity to visit the route prior to the competition.

It will be the responsibility of the team manager to advise ASA of their team's intention to go on an inspection of the route. This information must be communicated to ASA in writing, **by not later than Monday, 2 May 2022.**

Route Map: https://youtu.be/C_GW9QkSRF8

13. REFRESHMENT STATIONS

Coke and Water will be available at 19 race refreshment stations; details of refreshment stations will be made available at the Team Managers Technical Meeting.

A table will be provided at refreshment stations 5, 8, 12 & 16 for provincial athletes' personal drinks. The official refreshment stations are the only locations where athletes may receive any personal seconding which must be from accredited Team Managers only.

Team Management will be responsible for placing personal drinks on the seconding tables and will only be given access if wearing their official accreditation.

14. PROTESTS AND APPEALS

Provincial entries close on **Monday, 25 April 2022** at **12h00**. No late entries will be accepted. Provincial entry lists will be circulated to all members once entries are finalized.

Any protest on the composition of a provincial team must be submitted in writing to the ASA office (Thabang: ThabangM@athleticssa.co.za) on or before **Friday 29 April 2022**.

Any competition protest must first be made orally to the Chief Referee. To escalate the matter further, written appeals relating to the results or progress of the race, addressed to the Jury of Appeal, must be signed by the Team Manager and accompanied by a deposit of R500. The appeal and deposit must be presented to the Technical Information Centre within 30 minutes of the decision of the Referee or announcement of the results. The decision of the Jury of Appeal shall be published in an official manner. The claimant will receive a copy of the final decision.

15. MEDICAL SERVICES

A full medical service will be supplied by the event.

Emergency contact numbers will be available at the Team Managers meeting.

16. ANTI-DOPING CONTROL

Anti-doping control will be conducted in accordance with the WA Procedural Guidelines for Anti-doping Control under the supervision of the ASA Anti-doping Control Delegate and the SA Institute for Drug Free Sport.

Athletes that require to submit a Therapeutic Use Exemption Form (TUE) must do so to the ASA office at least 45 days before the Competition.

If a TUE has been submitted to ASA it must be indicated on the entry form.

Pre-race and post-race: On receiving written notification of a test, the athlete will be permanently accompanied by an Anti-doping Control chaperone, and shall have to report to the Anti-doping Control station within 60 minutes.

Athletes will be allowed to first participate in any medal ceremony or press conferences before reporting to the Anti-doping Control Station

Sample collection will be carried out in compliance with existing guidelines. Professionally qualified personnel, who will explain the procedure to the athletes and make them sign a consent form, will carry out the necessary tests.

Athletes are entitled to be accompanied to the Anti-doping Control Centre by one person of their choice. Personal identification (ID) must be presented.

17. AWARDS CEREMONY

ASA Marathon Championships medal presentation will take place on the podium, which will be located at the finish venue.

Due to COVID restrictions, only the following awards will be made for Men and Women in the South African Championships at the Awards Ceremony:

- Individual Medals (Gold, Silver & Bronze) for the first three athletes

Please note that the Championships will be combined with the Durban International Marathon and all Provincial athletes are eligible for the individual prizes in the race.

All prize money winners will be requested to provide banking details, the Team managers can collect the forms at the TIC on race day. Payment will be made after receipt of the test results from Anti-Doping Control.

18. TRAVEL AND ACCOMMODATION

Each province is responsible for travel and accommodation for their team. Please contact EtheKwini Tourism (Tel: 031 –322 4164 / Website: <http://visitdurban.travel>) for possible accommodation options.

19. CONTACT DETAILS

ATHLETICS SOUTH AFRICA

Thabang MALEKA

Tel: (011) 880 5800

Cell: 076 1336 131

Email: ThabangM@athleticssa.co.za