**The Nedbank Modderfontein sub-club is having FUN while they RUN!**

The Nedbank RC in CGA do have a sub club in Modderfontein and it looks like a lot of fun is happening here!

The clubs time trial route is inside the Modderfontein reserve and a very nice route to add to your training regime.

It will be worth visiting this club and join in their club runs, time trials and festivity events.

**The Christmas club-run**



**The 4x 2 Relay The Bobbies Relay**

 